

# Yokohamashi Minami Sports Center Usage Guide



Open

9 : 0 0 ~ 2 0 : 5 0

※ The last reception time is 20:00

Closing day

3rd Monday / New year holiday season



Fee

Adult (high school students and above) → 300 yen

Child (elementary and junior high school students) → 100 yen

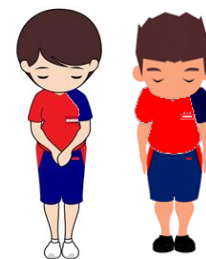
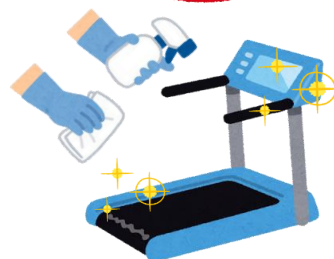
※ Use time is 3 hours system

※ Machines available for junior high school students and younger are limited

Belongings

Training wear • Indoor shoes •  
Towel • Drink

## Notes



- Please refrain from taking pictures and making phone calls.
- Those who have been prohibited from exercising by a doctor cannot use this facility.
- Put your luggage in the locker.
- Please cooperate to wipe machines with alcohol disinfection after use.

# Flow of use

## ① Buy a ticket

Purchase tickets for the "training room" at the ticket vending machine in front of the reception.



## ② Procedure at the reception

Give the purchased ticket to the reception.



## ③ Change clothes at the locker room

After changing clothes, change to indoor shoes.  
※Please be careful not to forget to take 100yen back.



## ④ Start training

Receive a towel at the training reception and start training.



## ⑤ Training is over

Check the usage time before finishing the training.  
If the usage time has passed, please pay an additional fee.

## ⑥ Other questions

If you have any questions during use, please ask the staff.

